

Who we are

We are scientists, therapists, patients, citizens committed to improve mental health through evidence-based approaches. We advocate for regulations that prioritize human well-being and are dedicated to reshaping perceptions through authentic storytelling and international scientific evidence.

Our collective mission

Raise awareness about the benefits of PATs (Psychedelic-Assisted Therapies) and their potential to revolutionize mental health treatment.

Our European goal

Promote an ECI (European Citizen's Initiative, the civic way to take an active part in the EU policy-making) collecting 1,000,000 signatures in 2025 to develop a European framework on PATs and introduce them in the EU Member States.

Our requests to the European Commission

Support the establishment of an expert consensus on standards of psychedelic care allowing the phased roll-out of the medical-use of psychedelics in the European Union. Boost EU-funded research on the therapeutic applications of psychedelics. Coordinate recommendations for international rescheduling based on new evidence.

Why now, and why psychedelics?

- **There's a mental health crisis:** Over 1 in 6 people in the EU suffer from mental health conditions, costing over €600 billion annually.
- **Current treatments show limits:** Traditional treatments often have limited efficacy and undesirable side effects.
- **New scientific evidence:** Psychedelic substances like psilocybin, DMT, LSD and MDMA have been recognised around the world as effective, when used in controlled clinical settings, in treating conditions such as major depression, anxiety, PTSD, and unbearable addictions.

How can you help?

We seek partners and supporters to help spread positive messages about the benefits of psychedelic therapy for mental wellbeing, and invitations to sign the ECI through their channels and network.

Here's how we can collaborate:

- **Promote the initiative:** Feature the campaign on your social channels, newsletters or website.
- **Host events:** Provide venues for educational events or webinars to engage EU citizens.
- **Media partnerships:** Share press releases and provide opportunities for interviews or podcasts with our experts and supporters.
- **Collaborative projects:** Work together on joint campaigns, presentations or cultural events.

Get involved

Join us in this revolutionary movement to bring positive change to mental health in Europe. For more information or to become a partner, please contact us at info@psychedelicare.eu

Support the European movement for mental wellbeing!

